



Grapevine

A word from the Editor,

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“King David put Asaph and his fellow Levites in permanent charge of the worship where the Covenant Box was kept. They were to perform their duties there day by day.”

- 1 Chronicles 16: 37

Wondering where the above verse came from? At the suggestion of a friend, I made a silent prayer to the Lord for guidance in writing this foreword, flipped the Bible and picked the first verse that came to my eyes.

So, how would you interpret this?

The verse speaks to me of responsibility, of diligence – of the chosen. I believe that where we are in our lives at this point in time, is by no means a matter of luck or coincidence. In that sense, the Lord has chosen each of us specifically to be who we are as Catholic Medical doctors. To reach out to our patients with care and love. His love. And we are continually challenged to live that out in our daily encounters with our patients.

Beyond our medical practice, the Lord has also chosen us for greater things – to spread his message outside our hospital / clinic walls! Our 62nd CMG AGM is coming up in October, and this is the time for willing volunteers to step up to the mantle and help guide us forward in the coming year 2015! We are looking for willing hands to help – be it in admin, communications / publications, overseas missions, individual projects, etc etc – we want YOU! =D Even if it's a small anonymous article for blog contribution – your time and support is much appreciated!

So we'll hope to see you at our AGM, yes? And not to mention our other upcoming activities – including Medical coverage at the Lourdes Experience in December, annual caroling sessions, yearly mission trips to Cambodia.. We have a whole calendar packed full of them for the year end!

Have a fruitful and meaningful year end ahead! =)

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HO Welcome Tea - May '14

Our annual HO Welcome Tea was held on Labour Day this year at the new CANA building at Waterloo Street. New HO-turned-MOs shared with our newly minted doctors on the challenges that they have faced once they stepped into the wards as a Catholic HO; whilst senior doctors took the chance



to share with everyone on other issues – touching on a balanced life with God, family and work; and briefly on the common ethical issues that we face at work, including end-of-life issues and coping with death of patients.

It was an afternoon of thanksgiving – for our new members joining the fold; and fellowship – for the continual engagement and mingling across the years. The afternoon wrapped up with celebration of Holy Mass and blessing for our new HOs!

Check out the extremely happy people below! =)



CMG Retreat - Jun '14

"Come to me, all you who are weary and burdened, and I will give you rest."

- Mt 11:28

This year's CMG Retreat was held from 27-29th June, at CAYC at Lor Low Koon. Our theme this year was on "The Catholic Physician". The weekend gave many, an opportunity to recharge their faith lives and to use it to power their daily work! Check out the next page for our photo gallery!

Residency Discernment Forum - Aug '14

Our annual Residency Discernment Forum was held on 16th August 2014, at CANA, on a Saturday afternoon. The afternoon started with sharings by various specialists, before Fr Joe Lopez from Opus Dei gave a sharing session on discernment, with those present. Thanks to everyone who came down!

CMS Welcome Mass - Sep '14

The CMS welcome mass was held on 13th September 2014 at NUS LT29 to welcome the new M1 Catholic medical students. Welcome to our big family! =)



CMG Retreat (Photos)

- Jun '14





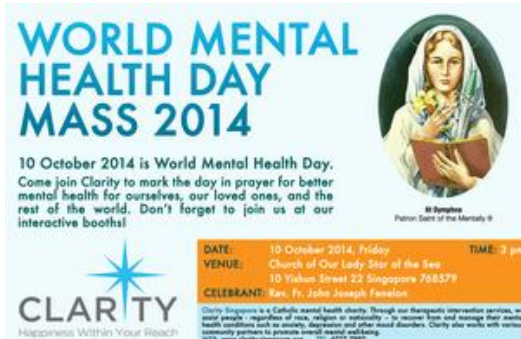
CLARITY

Happiness Within Your Reach

Clarity Singapore Limited is a Catholic charity that responds to the mental health needs in Singapore through its various mental health services.

Clarity helps people who are struggling with various mental health issues such as anxiety, depression and stress.

Through a therapeutic space, Clarity's therapists help its clients to gain an insight of their issues, work with them to explore possibilities, equip them with healthy coping mechanisms and life tools to cope with and recover from the changes and adversities in their lives.

WORLD MENTAL HEALTH DAY MASS 2014

10 October 2014 is World Mental Health Day. Come join Clarity to mark the day in prayer for better mental health for ourselves, our loved ones, and the rest of the world. Don't forget to join us at our interactive booths!

CLARITY
Happiness Within Your Reach

DATE: 10 October 2014, Friday
VENUE: Church of Our Lady Star of the Sea, 10 Yishun Street 22, Singapore 768579
CELEBRANT: Rev. Fr. John Joseph Fenealon

TIME: 3 pm

Clarity Singapore is a Catholic mental health charity. Through our therapeutic intervention services, we assist people, regardless of race, religion or nationality, to recover from and manage their mental health conditions such as anxiety, depression and other mood disorders. Clarity also works with various community partners to promote overall mental well-being.
1913, www.claritysingapore.org TEL: 6757 7992



More details:

Location: Blk 854 Yishun Ring Rd,
#01-3511, Singapore 760854

Website: www.clarity-singapore.org

Telephone: 6757 7990

World Mental Health Day Mass 2014

Date: 10 Oct 2014, Friday, 3pm

Venue: Church of Our Lady Star of the Sea

Clarity aims to help people develop independent living skills, regain self-confidence, recover and discover their abilities and the beauty in life.

† What's New on Doctor's Blog:

▪ "Behind those clothes..."

As Mark Twain used to say, "Clothes make the Man." Indeed they do. But they also hide the Man.

Ever thought about who lies beneath those familiar hospital baju? Probably few of us ever did. Remember, it isn't just your patient that sits underneath those hospital pyjamas... Every patient, is different.

[Full article](#)

▪ "A Prayer of Deliverance"

An interesting exercise in using the Bible throws up interesting results and thoughts.. Why not try it yourself?

[Full article](#)



If you would like to advertise for your upcoming events; or are seeking assistance in any functions - feel free to email us:

contactus@cmg.org.sg

Send in your Doctor's Blog contributions to
cmg.grapevine@gmail.com



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† Upcoming Events:

1. 62nd CMG AGM, Mass, Dinner



- Date: 19th October 2014
- Venue: Church of St Ignatius
- Time: 4pm AGM
6pm Mass, celebrated by His Grace, Archbishop William Goh
7pm Dinner

We are organising our 62nd AGM with a Mass celebrated by His Grace, Archbishop William Goh, and a fellowship dinner after. All Catholic doctors and medical professionals are warmly invited!

Please kindly visit our website at www.cmg.org.sg or email us at contactus@cmg.org.sg for further details.

† Regular Events:

1. Monthly CMG Mass

- Date: 28th Nov 2014, Friday
- Venue: Lvl 3, St Mary Room
The Catholic Centre
55 Waterloo Street
- Time: 7.15pm

BYOB takes a hiatus, as we bring back our monthly CMG masses! Join us on the last Friday of each month! Dinner after! =)

