

A word from the editorial team,

Welcome to the inaugural issue of our very own CMG newsletter!

We aim to bring the monthly events into your mailbox – feel free to sign up or just drop by any of our events listed on the right hand column!

Of course, our current newsletter is by no means the final product. Rather its in a process of constant improvement, so keep those healthy suggestions coming!

This month in particular, we congratulate our M5 students who have just finished their exams! Take this few weeks to relax, give thanks - and we hope to see you all at the HO welcome tea! ;)

In addition, we celebrate perhaps the most important week in our liturgical year - next to Christmas and the season of Advent. As Holy Week passes us by, let us not forget to take the opportunity to reflect the grace and kindness to the people around us! To spread God's message of love!

And building on that, we have this month's personal sharing article on volunteerism - what better way to answer our calling as Catholic doctors? We have a list of clinics who need your help!

Wishing one and all a meaningful and reflective April!



Photos from CMG's March mass

Upcoming Events:

1. Shaping One World for All

- (on social justice and environment) - Starts 22nd April for 6 Thursday evenings, 7.30pm
- Venue: CANA, 2nd floor, 55 Waterloo St

- Module 4 of the Inner Compass Series

Click here for more information

2. HO Welcome Tea & Mass

- Date: Sat 1st May 2010

- Venue: to be confirmed...

Join us as we welcome our new HOs!

Regular Events:

- 1. BYOB (Bring your own Bible)
 - 8th April, 7.15pm
 - 15th April, 7.15pm
 - Venue: CANA,

2nd floor, 55 Waterloo St Join us at CANA Level 2 for an evening of fellowship and sharing!

2. Monthly Mass

- 26th May, 30th June, 28th July Join us for our monthly CMG mass on the last Wednesday evening of every month!

Check this space for more details on location every month!

What's New on Doctor's Blog:

 "Surely you put your trust in the Lord?"

Explore the intricate encounter between a Catholic doctor, her patient, and her faith – how will they grow with each other? *Full article*

• The Significance of A Name Share the join of our first-time parents! As we explore the thoughts and prayers behind a name... Full article

April 2010

A piece of heart for everyone

Written by Alvin Tng

Volunteerism's the buzz word these days.

I still vividly recall my most recent medical mission trip to Batam, where we held a short clinic service for the people who lived in the slums.



Amidst all the chaos, I looked at the kids playing around the tentage, busily colouring away with their new colour pencils and drawing pads, and a smile spread across my face. They were so innocent and carefree - although they

lived in poverty, they were happy with their lot.

Interacting with the people and children living in the village, who have almost no access to affordable health care / electricity... it was heart rending at times, yet you couldn't help but admire the spirit of resilience within them.

We, as Catholic doctors, are indeed, truly blessed. We are blessed with the gift of healing, and in turn, we are called to touch and heal the lives of those less fortunate around us. It is true, that we can never heal everyone whom we come across - but to comfort always - we can definitely bring God's love through our hands.

Of course, you don't need to look far to help other people. Here within our midst, there are always people who need our time.

And as we carry on about our daily lives, let us not forget to set aside some time for the people around us who need our help, who need our time, who need a little love and a piece of heart. ©



Photos from Batam Mission Trip

Volunteering Opportunities:

1. Doctor Cover for Risen Christ Free Clinic

- Date: Wed 21st April, 7-9pm - Venue: Church of the Risen Christ If you can help out on the above date, or would like to be a regular volunteer, contact Gilbert at 97765265.

2. Medical Cover for Musical 13:34

- Date: Thurs 10th June, 7.30pm - Venue: Singapore Expo Hall 1 *If you are keen to help, contact Janet at <u>cana@catholiccentre.com.sg</u> or 97560239.*

3. Doctor Cover for St Anthony's Clinic

- Date: Every Monday (except Public Holidays), 7-9pm

- Venue: St Anthony's Church Free Clinic (Woodlands)

If you can spare one Monday night a month, or even once in two or three months - every little helps! Contact Dr Vincent Tok at 98388616 or <u>vtscirocco@gmail.com</u> if you are keen to help, or would like more info!

If you would like to advertise for your upcoming events; or are seeking assistance in any functions - feel free to email us: cmgsingapore@yahoo.com.sg

Send in your Doctor's Blog contributions to <u>cmg.grapevine@gmail.com</u>

Please feel free to pass on this newsletter onto anyone you think who would be interested in reading it.

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